



# 2021.5.31—6.4 Lunch MENU

Lunch/午餐	Teppanyaki 铁板	Noodle Set 面点套餐	Daily Special 每日精选	Western Set 西式套餐	Asian Set 亚洲套餐
MONDAY/周一 2021/5/31	Fish & Bamboo Shoot Stew 黄焖无骨鱼烧笋	Korean Style Sweet & Sour Pork 韩式糖醋肉	Taiwan Style Beef Stew w/ Tomato 台式番茄炖牛腩	Pork Goulash 匈牙利炖猪肉	Roasted Chicken Leg w/ Five-Spice Powder 五香烤鸡腿
	Sautéed Pork & Green Bean 雪菜毛豆炒肉丁	Korean Style Noodle w/Minced Pork 韩式炸酱面	Quail Egg Stew 虎皮鹌鹑蛋	Cheese & Paprika Gratin Fusilli 匈牙利国家焗面	Kung Pao Pork 宫保肉丁
	Poached Shanghai Green 清炒上海青	Cucumber Slices 碧绿黄瓜丝	Stir-Fried Celery & Tofu 千叶豆腐炒西芹	Sautéed Zucchini & Bell Pepper 甜椒炒葫芦	Sautéed Shanghai Green & Shiitake 香菇炒青菜
	Fried Rice w/ Egg 蛋炒饭		Steamed Rice 米饭		Steamed Rice & Steamed Purple Potato 米饭/蒸紫薯 
TUESDAY/周二 2021/6/1	Teppanyaki Pork Fillet w/ Kyoto Sauce 铁板京都汁肉条	Braised Duck & Preserved Vegetable 梅干菜烧鸭腿	Thai Style Fish Fillet 泰式青柠鱼柳	Pasta Bolognese 意式牛肉酱水管面	Star Anise Pork Belly Stew 茴香走油肉
	Stir-Fried Chicken, Gluten Rolls & Green Pepper Slices 青椒面筋丝炒鸡丝	Poached Baby Green 白灼毛毛菜	Spring Roll 泰式春卷	Garlic Bread 蒜蓉面包	Scrambled Egg & Tomato 番茄炒鸡蛋
	Poached Courgette 葱油西葫芦	Hangzhou Style Noodle Soup 杭式片儿川	Sauteed Bean Sprout & Spinach 黄豆芽炒菠菜	Poached Broccoli & Cherry Tomato 西兰花圣女果 	Poached Green Vegetable & Black Fungus 木耳炒青菜
	Fried Rice w/ Soy Sauce 酱香炒饭		Pad Thai 泰式炒粉		Steamed Rice & Corn Meal Rice 米饭/玉米渣饭

# 2021.5.31—6.4 Lunch MENU

Lunch/午餐	Teppanyaki 铁板	Noodle Set 面点套餐	Daily Special 每日精选	Western Set 西式套餐	Asian Set 亚洲套餐
WEDNESDAY/周三 2021/6/2	Black Pepper Chicken Teppanyaki 铁板黑椒炒鸡块	Pork Chop in Spring Onion Sauce 葱烧猪排	Baked Bacon & Sausage Roll w/B.B.Q Sauce 培根香肠卷配烧烤酱	Tuna Pizza/Cheese Pizza 吞拿鱼匹萨/芝士匹萨	Mayo Beef Steak 沙律牛排
	Steamed Egg w/Minced Pork 肉末炖水蛋	Stir-Fried Lettuce & Tofu 莴苣炒香干	Cauliflower Curry 咖喱花菜	Garlic Green Bean 蒜蓉豇豆	Stir-Fried Pork, Potato & Green Pepper 青椒土豆丝炒肉丝
	Sautéed Eggplant & Green Pepper 青椒炒茄子	Rice Cake Soup 汤年糕	Mashed Potato w/Cream & Garlic 奶油蒜香土豆泥	Fish Finger 黄金炸鱼排	Winter Melon Stew 红烧冬瓜
	Fried Rice w/Bacon 洋葱培根炒饭				Steamed Rice & Steamed Taro 米饭/蒸芋头
THURSDAY/周四 2021/6/3	Sweet & Sour Pork 酸甜咕嚕肉	Beef Stew in Soy Sauce 味增酱牛肉	Japanese Style Pork Chop 日式厚切猪扒	Chicken & Mushroom Lasagne 鸡肉蘑菇千层面	Steamed Fish Fillet w/Black Bean Paste 豆豉蒸鱼柳
	Stir-Fried Pork & Potato Slices 洋葱土豆炒肉片	Radish Teriyaki 日式萝卜烧	Curry Sauce 日式咖喱酱	Sautéed Spinach 炒菠菜	Braised Egg Plant w/ Minced Pork 肉末烧茄子
	Garlic Lettuce 蒜蓉炒生菜	Noodle Soup 骨汤乌冬面	Carrot & Cabbage Slices 胡萝卜拌包菜	Garlic & Cheese Bread 蒜蓉芝士面包条 	Lettuce in Oyster Sauce 蚝油生菜
	Steamed Rice 米饭		Steamed Rice 米饭		Steamed Rice & Black Rice 米饭/黑米饭



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FRIDAY/周五 2021/6/4	Beef & Mushroom Teppanyaki 铁板杏鲍菇炒牛柳	Braised Eel & Bamboo Shoot in Scallion Oil 响油笋丝鳝糊	Korean Style Roasted Pork Ribs 韩式烤肉排	Roasted Chicken Leg w/Rosemary 迷迭香烤手枪腿	Crispy Pork Slices w/Sweet Sauce 锅包肉
	Braised Chicken & Water Bamboo Shoot 香菇莴笋炒鸡片	Poached Baby Green 毛毛菜	Fried Potato Noodle & Vegetable 韩式炒山芋粉丝	Poached Broccoli & Sweet Corn 西兰花煮玉米粒	Scrambled Egg w/ Salty Vegetable 雪菜毛豆炒鸡蛋
	Soy Cabbage 酱油包菜	Suzhou Style Noodle Soup 苏式红汤面	Poached Bean Sprout 韩式拌豆芽菜	Roasted Potato w/Butter 黄油烤土豆	Stir Fried Celery & Tofu 芹菜香干
	Steamed Rice 米饭		Kimchi & Spring Onion Pancake 韩式泡菜香葱煎饼		Steamed Rice & Steamed Pumpkin 米饭/蒸南瓜
<p>The food might differ from the menu occasionally due to supply, apologies in advance. 菜单偶有变动，敬请谅解。</p> <p>“”大拇指: means popular meal, it will be served in two counters. 当天开两个档口的餐品</p>					

## 2021.6.7—6.11 Lunch MENU

Lunch/午餐	Teppanyaki 铁板	Noodle Set 面点套餐	Daily Special 每日精选	Western Set 西式套餐	Asian Set 亚洲套餐
MONDAY/周一 2021/6/7	Teppanyaki Squid Roll 酱爆目鱼花	Braised Minced Pork & Vegetable 香肉臊子	Red Curry Beef 红咖喱牛肉	Beef Quesadilla 墨西哥牛肉烤饼	Salty Duck 盐水鸭
	Fried Cabbage w/Pork 干锅包菜肉片	Marinated Egg 卤蛋	Lentil w/Curry 咖喱莲奴豆	Sweet Potato Fries 红薯条	Braised Pork & Vegetable 酱爆肉丝
	Broccoli w/Garlic 蒜蓉西兰花	Stir Fried Green Vegetable w/ Mushrooms 香菇炒青菜	Cauliflower & Sweet Bean 花菜荷兰豆	Baked Tomato Salsa 烤番茄沙沙 	Stir Fried Green Vegetable w/ Mushrooms 香菇炒青菜
	Fried Rice w/ Ham & Chicken 火腿鸡粒炒饭	Hot Mix Noodle 陕西油泼面	Shredded Pancake 手抓饼		Steamed Rice & Steamed Purple Potato 米饭/蒸紫薯
TUESDAY/周二 2021/6/8	Hangzhou Style Braised Pork 杭帮生大烤	Braised Chicken w/Potato 大盘鸡	Baked Fish w/Cheese 芝士焗巴沙鱼扒	Beef Burger 自制牛肉汉堡	Meat Ball Stew 红烧狮子头
	Scrambled Egg W/ Cucumber 黄瓜木耳炒鸡蛋	Poached Cabbage 清炒大白菜	Mixed Ham, Green Peas and Potato 火腿青豆拌土豆	Baked Potato Wedge 烤薯角	Braised Chicken & Tomato 番茄烩鸡片
	Chinese Green 毛毛菜	Mixed Noodle 干拌面	Broccoli, Sweet Corn & Tomato 煮西兰花玉米粒番茄块	Sautéed Onion & Mushroom 洋葱炒蘑菇 	Kongxincai w/ Garlic 蒜蓉空心菜
	Corn Meal Rice 玉米渣饭		Croissant w/Cheese 车打芝士小羊角		Steamed Rice & Corn Meal Rice 米饭/玉米渣饭

## 2021.6.7—6.11 Lunch MENU

Lunch/午餐	Teppanyaki 铁板	Noodle Set 面点套餐	Daily Special 每日精选	Western Set 西式套餐	Asian Set 亚洲套餐
WEDNESDAY/周三 2021/6/9	Fried Chicken w/ Sweet Chili Sauce 茄汁鸡米	Grilled Pork Patti Teriyaki 照烧肉饼	Braised Pork Ribs 红烧小排	Fish Finger 黄金鳕鱼排	Sautéed Beef w/ Cumin 孜然土豆牛肉片
	Mapo Tofu 麻婆豆腐	Kimchi & Vegetable 混合泡菜, 蔬菜丝	Dried Tofu in Tea Sauce 茶香卤豆干	Beef & Cheese Pasta Gratin 牛肉酱芝士焗螺丝面	Sautéed Pork & Pickle Vegetable 榨菜炒肉丝
	Poached Cauliflower 清炒花菜	Korean Cold Noodle 韩式凉面	Cucumber w/Garlic 蒜蓉黄瓜片	Tomato Bruschetta 番茄脆片 	Poached Green Vegetable & Black Mushroom 香菇青菜
	Fried Rice w/Vegetables & Egg 蔬菜蛋炒饭		Steamed Rice w/Vegetable 菜饭		Steamed Rice & Steamed Taro 米饭/蒸芋头
THURSDAY/周四 2021/6/10	Scrambled Egg w/Shrimps & Vegetable Mix 五彩虾仁炒鸡蛋	Stewed Beef 清汤牛肉	Red Thai Curry Chicken 泰式红咖喱鸡肉(辣)	Red Thai Curry Chicken 泰式红咖喱鸡肉(辣)	Red Thai Curry Chicken 泰式红咖喱鸡肉(辣)
	Fried Garlic Sprout w/Chicken 蒜苗炒肉丝	Poached Bok Choy 白灼青菜	Thai Beef Salad 泰式牛肉米粉沙拉	Thai Beef Salad 泰式牛肉米粉沙拉	Thai Beef Salad 泰式牛肉米粉沙拉
	Stir-Fried Cabbage 清炒卷心菜	Hand-pulled Noodle 拉面	Thai Fried Rice w/ Pineapple & Shrimps 泰式菠萝鲜虾炒饭	Thai Fried Rice w/ Pineapple & Shrimps 泰式菠萝鲜虾炒饭	Thai Fried Rice w/ Pineapple & Shrimps 泰式菠萝鲜虾炒饭
	Steamed Rice 米饭	Fried Egg 煎蛋	Garlic Green Bean 蒜蓉炒刀豆	Garlic Green Bean 蒜蓉炒刀豆	Garlic Green Bean 蒜蓉炒刀豆
			Vegetable Spring Roll w/Thai Chill Sauce 素春卷配泰辣酱 	Vegetable Spring Roll w/Thai Chill Sauce 素春卷配泰辣酱	Vegetable Spring Roll w/Thai Chill Sauce 素春卷配泰辣酱

2021.6.7—6.11 Lunch MENU

Lunch/午餐	Teppanyaki 铁板	Noodle Set 面点套餐	Daily Special 每日精选	Western Set 西式套餐	Asian Set 亚洲套餐
FRIDAY/周五 2021/6/11	Braised Beef w//Pickled Vegetable 酸菜炖牛腩	Braised Fish Fillet w/ Salty Vegetable 雪里蕻烧鱼柳	Korean Style Fried Pork 韩式炒五花肉片	Beef Lasagna 牛肉千层面	Braised Pork w/Shiitake 黄焖干香菇肉片
	Braised Rice Noodle w/ Minced Pork 蚂蚁上树	Fried Shiitake w/Tofu Skin 香菇炒面筋	BiBiBam 韩式拌饭	Sautéed Spinach 炒菠菜	Scrambled Egg w/Tomato 番茄炒鸡蛋
	Sautéed Chinese Cabbage 清炒大白菜	Rice Noodle 米粉	Mixed Vegetable 什锦蔬菜	Garlic & Cheese Bread 蒜蓉芝士条	Stir- Fried Broccoli & Carrot 胡萝卜炒西兰花
	Fried Rice Noodle w/Egg 蛋炒米线				Steamed Rice & Steamed Pumpkin 米饭/蒸南瓜
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## 2021.6.15—6.18 Lunch MENU

Lunch/午餐	Teppanyaki 铁板	Noodle Set 面点套餐	Daily Special 每日精选	Western Set 西式套餐	Asian Set 亚洲套餐
TUESDAY/周二 2021/6/15	Fish Finger w/ Salt & Pepper 椒盐鱼条	Beef & Radish Stew 萝卜烧牛肉	Turkey Style Pork Roast 土耳其烤肉	New Orleans Chicken Burger 奥尔良鸡腿堡	Braised Pork Chop w/ Spring Onion 葱烧大排
	Sautéed Chicken w/ Vegetable 酱爆鸡丁	Sautéed Bok Choy 炒青菜	B.B.Q Sausage 烧味香肠	Poached Broccoli 煮西兰花	Steamed Egg w/ shrimps 虾仁炖蛋
	Sautéed Pumpkin & Green Pepper 青椒炒南瓜	Lamain 拉面	Poached Broccoli 煮西兰花	Baked Potato w/ Bacon 培根烤土豆	Braised Courgette & Black Fungus 黑木耳炒葫芦片
	Steamed Corn Meal Rice 玉米渣饭		Carrot Rice 胡萝卜烩饭		Steamed Rice & Steamed Purple Potato 米饭/蒸紫薯 
WEDNESDAY/周三 2021/6/16	Cumin Pork Teppanyaki 孜然铁板炒肉片	Braised Duck Leg 卤鸭腿	Fish Teppanyaki 日式板烧鱼柳	Beef Taco Pizza 牛肉塔克披萨	Taiwan Flavor Minced Pork Stew 台式香菇卤肉
	Marinated Egg 虎皮鹌鹑蛋	Sautéed Broccoli w/Garlic 蒜蓉西兰花	Fried Squid w/ Onion & Green Pepper 爆炒鱿鱼须	Tomato Taco Pizza 番茄塔克披萨	Marinated Egg 虎皮鹌鹑蛋
	Poached Winter Melon W/ Onion 小葱烩冬瓜	Dough Ball Soup 疙瘩汤	Garlic Kelp 蒜蓉炒海带	Poached Broccoli & Cauliflower 煮双花 	Fried Baby Green 炒毛毛菜
	Mee Goreng 马来炒面		Fried Rice w/ Vegetable 蔬菜炒饭		Steamed Rice & Corn Meal Rice 米饭/玉米渣饭



## 2021.6.15—6.18 Lunch MENU



Lunch/午餐	Teppanyaki 铁板	Noodle Set 面点套餐	Daily Special 每日精选	Western Set 西式套餐	Asian Set 亚洲套餐
THURSDAY/周四 2021/6/17	Oyster Duck Teppanyaki 京葱铁板蚝油鸭片	Japanese Style B.B.Q Pork 日式叉烧	Roasted Pork Knuckle 德式烤猪肘	Fish Picatta 欧式蛋煎鱼扒	Sautéed Beef & Onion 洋葱炒牛柳
	Curry Potato & Pork 肉末咖喱土豆块	Poached Asian Green 白灼菜心	Sausage & German Sauerkraut Stew 德式香肠烩酸菜	Baked 2 kinds of Potato 奶酪烤双薯	Steamed Egg w/Spring onion 小葱蒸蛋
	Fried Bok Choy w/Shiitake 香菇炒青菜	Lamain 拉面	Mash Potato w/ Gravy 黄汁土豆泥	Sautéed Spinach 炒菠菜 	Poached Lettuce Root 清炒莴笋片
	Fried Rice w/Bacon 洋葱培根炒饭		Poached Broccoli w/Carrot 西兰花小番茄		Steamed Rice & Black Rice 米饭/黑米饭
FRIDAY/周五 2021/6/18	Pork & Taro Stew 荔浦芋头烧瘦肉	Boiled Beef 白切牛肉	Fish Chips 英式炸鱼柳	Pasta Bolognese 意式牛肉酱水管面	Roasted Chicken w/Red Bean Curd Sauce 叉烧酱烤鸡
	Scrambled Egg & Green Pepper 尖椒炒鸡蛋	Poached Baby Green 毛毛菜	Potato Fries 英式薯条	Garlic Bread 蒜蓉面包	Braised Vermicelli Noodle & Minced Pork 蚂蚁上树
	Poached Cucumber w/Spring Onion 葱油黄瓜片	Daoxiao Noodles 刀削面	Green Pea Mash 青豆泥  Tartar Sauce 煮蛋塔塔酱	Poached Broccoli & Cherry Tomato 西兰花圣女果	Poached Cucumber w/Spring Onion 葱油黄瓜片
	Fried Rice w/ Sweet Corn 玉米粒炒饭	Fried Egg 煎蛋			Steamed Rice & Black Rice 米饭/黑米饭



2021.6.21— 6.25 Lunch MENU

Lunch/午餐	Teppanyaki 铁板	Noodle Set 面点套餐	Daily Special 每日精选	Western Set 西式套餐	Asian Set 亚洲套餐
MONDAY/周一 2021/6/21	Fish Teriyaki 照烧鱼扒	Sautéed Pork, Bamboo Shoot & Salty Vegetable 雪里蕻春笋炒肉片	Malaysia Style Fried Beef 马来风味炒牛肉	Jamboo Hot Dog 珍宝热狗	Hangzhou Style Marinated Duck 杭式卤鸭
	Stir-fried Pork & Water Bamboo 茭白炒肉丝	Scrambled Egg & Baby Green 毛菜炒鸡蛋	Fried Egg 双面煎蛋	Garden Vegetable 花园煮蔬菜	Braised Pork Slices in Tomato Sauce 木须茄汁炒肉片
	Garden Vegetable 花园煮蔬菜	Hangzhou Style Noodle Soup 杭式片儿川	Poached Green Vegetable 炒青菜	Lyonnais Potato 里昂炒土豆片	Poached Baby Cabbage & Tofu Skin 腐皮杭白菜
	Rainbow Sushi Rice 彩虹寿司饭		Fried Rice Noodle 炒河粉		Steamed Rice & Steamed Purple Potato 米饭/蒸紫薯
TUESDAY/周二 2021/6/22	Pork & Onion Teppanyaki 铁板洋葱炒肉丝	Braised Chicken & Black Mushroom 三里屯炒小鸡卤	Crispy Fish Fillet w/Sweet & Sour Sauce 菊花鱼柳	Beef Chili Corn Carne 墨西哥牛肉酱	Cantonese Style Braised Pork 老广东烧肉
	Scrambled Egg w/Courgette & Sweet Corn 葫芦玉米炒鸡蛋	Poached Lettuce 煮生菜	Braised Tofu w/ Pork 家常豆腐	Bacon & Chickpea Stew 培根烩鹰嘴豆	Steamed Egg w/ Crab Meat 蟹肉蒸蛋
	Poached Celery 煮西芹	Beijing Style Braised Noodle 老北京打卤面	Garlic Broccoli 蒜蓉西兰花	Taco Chips 墨西哥玉米片	Poached Cantonese Green 白灼广东菜心
	Corn Meal Rice 玉米渣饭		Fujian Fried Rice 福建炒饭	Tomato Salsa 番茄沙沙 	Steamed Rice & Corn Meal Rice 米饭/玉米渣饭

# 菜单 MENU 2021.6.21— 6.25 Lunch MENU

Lunch/午餐	Teppanyaki 铁板	Noodle Set 面点套餐	Daily Special 每日精选	Western Set 西式套餐	Asian Set 亚洲套餐
WEDNESDAY/周三 2021/6/23	Chicken Curry 咖喱鸡	Stewed Pork Ribs in Herb Sauce 香草烧肋排	Slow Baked Pork Leg 英式慢烤猪腿肉	Grilled Fish Fillet w/Tomato Sauce 铁扒鱼柳配番茄汁	Beef & Carrot Stew w/ Orange Skin 陈皮炖牛肉
	Dry Pot Cauliflower & Pork Slices 干锅松花菜	Sautéed Cabbage & Seaweed 清炒卷心菜片, 海带结	Potato Fries 香脆土豆丝	Ratatouille 意大利烩时蔬	Braised Pork & Cucumber 黄瓜炒肉片
	Braised Winter Melon 小葱烧冬瓜	Lamain In Tomato Beef Soup 番茄牛肉拉面	Braised Red Cabbage with Vinegar 醋烧紫包菜	Mushroom Risotto 菌菇意大利饭	Poached Baby Cabbage & Tofu 面筋小白菜
	Fried Rice w/Ham & Vegetable 火腿蔬菜炒饭 		Cheese English Muffin 英式麦芬配奶酪		Steamed Rice & Steamed Taro 米饭/蒸芋头
THURSDAY/周四 2021/6/24	Sweet & Sour Pork w/Pineapple 菠萝咕咾肉	Beef & Pickle Vegetable Stew 酸菜炖牛肉	Braised Chicken Leg In Thyme Cream Sauce 法式百里香烧无骨鸡腿	B.B.Q Pork Loin 美式烧烤猪扒	Steamed Fish Fillet w/Ginger & Spring Onion 葱姜蒸鱼柳
	Braised Eggplant w/ Chicken 鸡粒茄子	Sautéed Pickle Bean & Minced Pork 肉末酸豆角	Mustard Egg 芥末汁鸡蛋	Poached Broccoli & Carrot 西兰花胡萝卜	Sautéed chicken & Diced Vegetables 宫保鸡丁
	Stir-Fried Celery & Tofu 芹菜炒百叶丝	Yunnan Style Rice Noodle Soup 云南过桥米线	Poached Broccoli & Carrot 西兰花胡萝卜	Cheese Gratin Potato Mash 芝士焗土豆泥	Garlic lettuce 蒜蓉生菜
	Steamed Rice 米饭 		Roasted Potato w/Bacon & Cajun 卡真培根烤土豆		Steamed Rice & Black Rice 米饭/黑米饭

2021.6.21— 6.25 Lunch MENU

Lunch/午餐	Teppanyaki 铁板	Noodle Set 面点套餐	Daily Special 每日精选	Western Set 西式套餐	Asian Set 亚洲套餐
FRIDAY/周五 2021/6/25	Black Pepper Beef 铁板黑椒炒牛柳	Fried Fish Fillet In Soy Sauce 苏式爆鱼	Xinjiang Style Pork Stew 西北过油肉	Baked Chicken Corden Bleu 芝士鸡扒	Sweet & Sour Pork Rib 糖醋小排骨
	Braised Tofu w/Minced Pork & Shiitake 肉末香菇烧豆腐	Braised Mixed Vegetable 素什锦	Stir-fried Pork w/Green Pepper & Potato Slices 青椒土豆丝炒肉	Grilled Cajun Courgette 卡真扒节瓜	Dry Pot Tofu 干锅千叶豆腐
	Garlic Baby Green 蒜蓉毛毛菜	Suzhou Style Noodle Soup 苏式红汤面 (细面)	Poached Kongxincai 清炒空心菜	American Fries 炸曲薯	Sautéed Cabbage 清炒卷心菜
	Fried Rice w/Spring Onion & Egg 葱香蛋炒饭		Wide Noodle 宽面		Steamed Rice & Steamed Pumpkin 米饭/蒸南瓜
<p>The food might differ from the menu occasionally due to supply, apologies in advance. 菜单偶有变动，敬请谅解。</p> <p>“”大拇指: means popular meal, it will be served in two counters. 当天开两个档口的餐品</p>					

