



# GUIDE TO HANGZHOU

2020-2021





WELLINGTON COLLEGE  
HANGZHOU  
惠灵顿杭州校区

## PART TWO

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## PART ONE

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PART ONE

GENERAL

INFORMATION

ABOUT HANGZHOU





## A BRIEF GUIDE TO HANGZHOU

Hangzhou, capital of Zhejiang Province in East China, is one of the more modern and prosperous cities in China, about 100 kilometers (60 miles) south west of Shanghai. It sits at the southern end of the Grand Canal of China and is one of China's famous seven ancient national capitals. It recently hosted the G20, is known throughout China as a technology hub and is home to the e-commerce giant Alibaba.

There is a popular saying: "Above there is heaven, below there are Hangzhou and Suzhou."

Hangzhou's "heavenly" beauty attracts hundreds of thousands of tourists to its exquisite West Lake (Xi Hu) area each year to enjoy the placid lake, beautiful gardens, lavish temples and lakeside teahouses.

Xiaoshan, a district at the Southeast of Hangzhou where Wellington College Hangzhou is based, was initially developed as a science and technology centre. It has its own Xiaoshan International Airport and is well connected to the downtown area.

## LANGUAGE

The official language of China spoken in Hangzhou is Mandarin. Some locals use what is known as a Hangzhou dialect. Pinyin is the name given to the written script using Roman letters to represent the pronunciation of characters. Sounds are similar to the English pronunciation but with a few exceptions.

**C** is pronounced **ts** as in tsunami

**Q** is pronounced **ch** as in choose

**X** is pronounced **sh** as in short

**Z** is pronounced **ds** as in bids

**Zh** is pronounced as the initial **J**

Some people find it useful to have a few Chinese lessons before moving to Hangzhou. However, there are many Chinese courses here, and private tutoring is affordable. The Google Translate app or Microsoft Translator app can help you with simple communication issues.

The following websites are useful for learning the basics.

**BBC (free online beginner's course):** <http://www.bbc.co.uk/languages/chinese/> **Free Chinese Lessons:** <http://www.freechineselessons.com/index.php>

**Chinese Pod:** <http://chinesepod.com/> (free downloads; pay for extra features)

**Chinese Learn Online:** <http://www.chineselearnonline.com/about/how-to-use/> (as above)

## CLIMATE

Hangzhou weather is generally warm and mild all year round, with abundant sunshine and rainfall. There are four clear seasons – a wet and rainy spring, a hot and humid summer, a warm and clear autumn and a dry and cold winter. The hot temperatures of summer can last until December. In comparison to the summer, both autumn and spring are relatively short.



China has several public holidays and festivals celebrated throughout the year that add real vibrancy and colour to the city. There are six major Chinese festivals, the most important being the Chinese New Year during which most shops and businesses close. Chinese New Year celebrations fall between January and February each year. Some of the evenings are marked by amazing firework displays.

Please note that travelling around China during key festivals can be quite chaotic.

**Public & School holidays for 2020 - 2021 include:**

**Mid-Autumn Festival**  
1st October 2020

**Golden Week Holiday**  
2nd – 8th October 2020

**Winter Break**  
21st December 2020 - 1st January 2021

**Chinese New Year**  
8th - 19th February 2021

**Qing Ming Festival**  
5th – 16th April 2021

**Labour/May Day**  
3rd - 4th May 2021

**Dragon Boat Festival**  
14th June 2021

**Summer Break**  
28th June – 20th August 2021





## TRANSPORTATION



**Metro:** The Metro in Hangzhou is very modern, safe and rapidly expanding to allow easier access to more of the city including our campus. It is efficient and very affordable starting at 2 RMB and rising depending on the number of stations you travel through. The Metro can get busy during rush hour so be prepared to lose some of your personal space. The app MetroMan gives an up-to-date map of current and new stations. You can buy tickets at manned ticket offices, automatic ticket machines or use Alipay to scan through the barriers. You can even use your 4G whilst riding the Metro!



**Taxi:** Taxis are the most common way of getting around Hangzhou. They are abundant in numbers and cheap in comparison to western prices. Very few taxi drivers speak English, so the easiest way is through using the Didi taxi app (similar to Uber). The app allows you to select your starting and final destination point. If you are hailing a taxi off the street, know your destination beforehand and show the driver. Taxis in Hangzhou are very affordable and a popular way of moving about the city.



**Bus:** Buses can be difficult to navigate for non-Chinese speakers. If you want to take a bus, check the route in advance using the Amaps app. You can always ask the driver for help. Show him/her the station you want to go to, and they will let you know at arrival. Bus prices usually start at 2 RMB.



**Railway:** Hangzhou has several railway stations, the main one being Hangzhou East Railway Station (Hangzhoudong). High speed trains, including Bullet Trains, depart this station daily to the rest of China, across an extensive rail network. Shanghai is easily accessible with a journey time of 1 hour at the approximate cost of 73 RMB. Physical tickets are no longer required for rail journeys, just a confirmation code and your passport are needed. Tickets can be bought through WeChat, Alipay, Trip.com or at the station ticket office. It is advisable to arrive 30 mins before your departure time.

**Tip: You must carry your passport to travel by train.**

**Items that could be a fire hazard (some deodorants or mosquito sprays) are not allowed to be taken on board.**

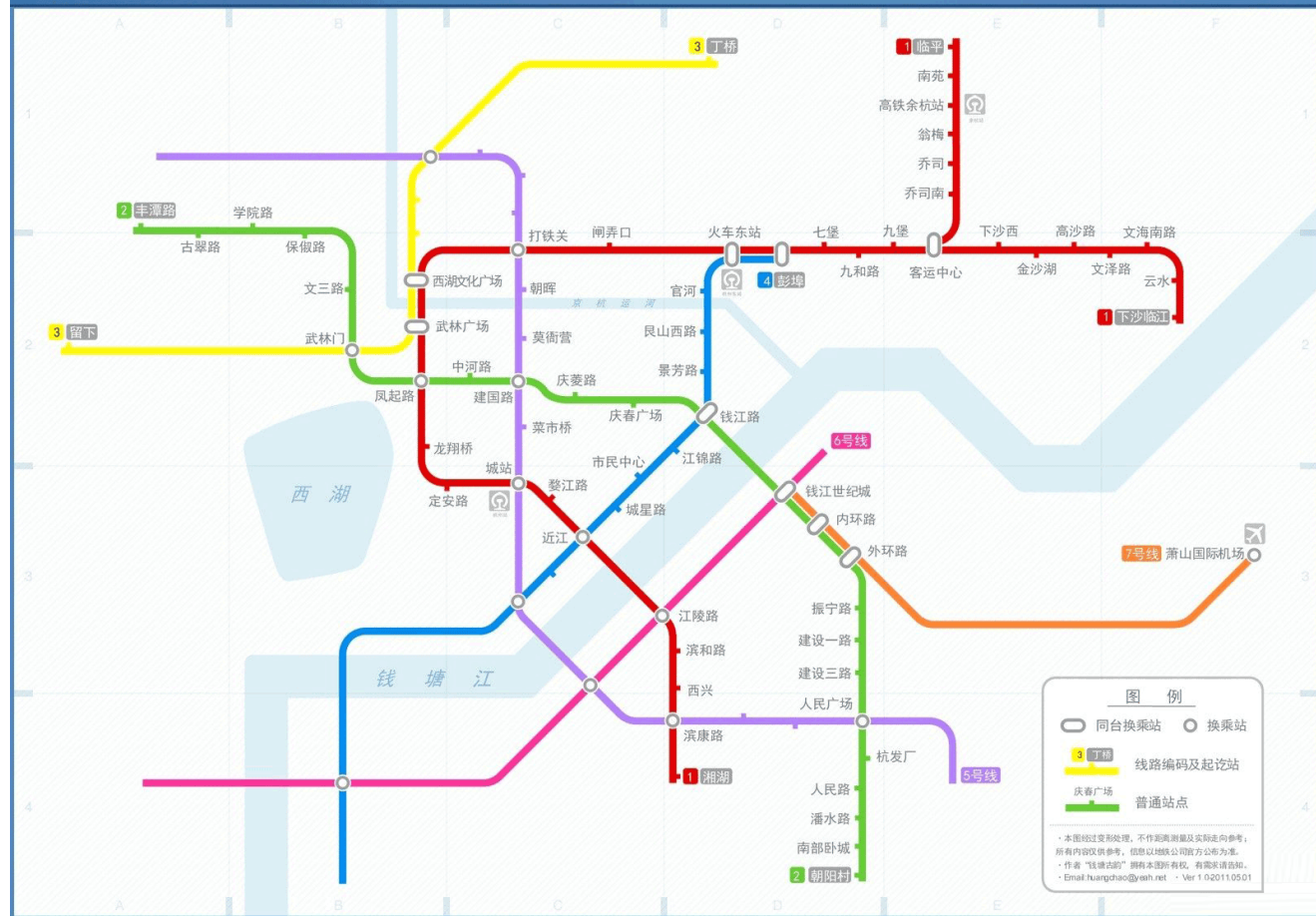


**Airport:** Xiaoshan International Airport is located to the east of the city. Xiaoshan International Airport is well connected for all of Asia with direct flights operating daily. Currently the airport is only accessible by car/ taxi, however, plans are in place to extend the Metro line.

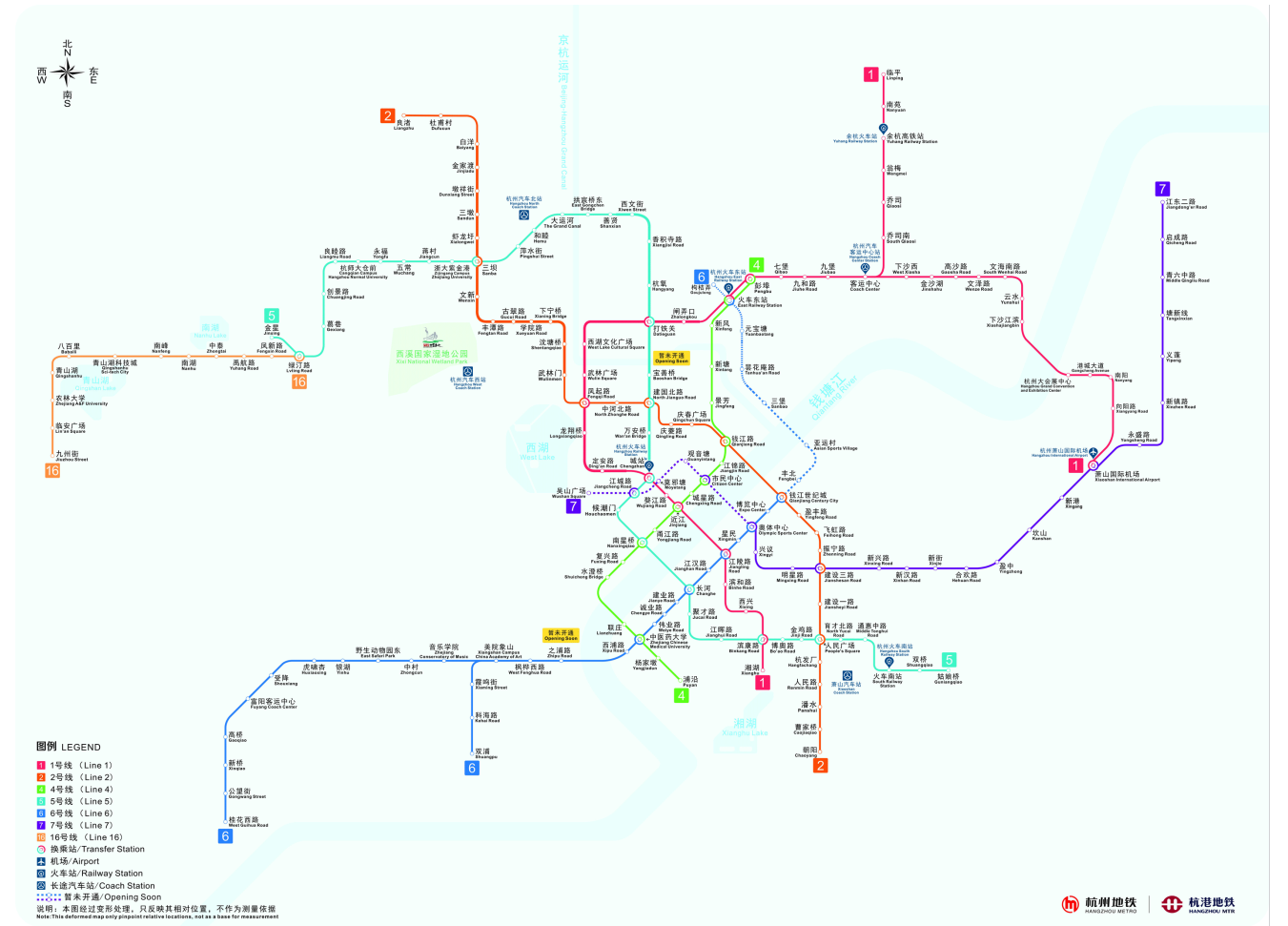


# HANGZHOU METRO 2020

杭州地铁线路示意图



# HANGZHOU METRO PLANS





PART TWO  
SETTLING IN



**Hello**

你好 [Nǐ hǎo]

**How are you?**

你好吗? [Nǐ hǎo ma?]

**Fine, thank you!**

很好, 谢谢! [Hěn hǎo, xièxie!]

**What's your name?**

你叫什么名字? [Nǐ jiào shénme míngzi?]

**My name is \_\_\_\_.**

我的名字叫\_\_? [Wǒ jiào \_\_.]

**Please**

请 [Qǐng]

**I'm sorry.**

对不起 [Duìbùqǐ]

**How much is this?**

多少钱? [Duōshǎo qián?]

**I don't want it.**

我不要 [Wǒ bù yào]

**Nice to meet you**

很高兴认识你。[Hěn gāoxìng rènshì nǐ]

**You're welcome**

不客气 [Bú kèqi]

**Thank you**

谢谢 [Xièxiè]

**It's okay**

没关系 [Méiguānxi]

**Goodbye**

再见 [Zàijiàn]

**That's too expensive**

太贵了 [Tài guì le]

# APPLICATIONS

## Mobile Phone

Your mobile phone is your first and main form of communication. We strongly recommend a smart phone – both official Apple and android phones are available in China.

Please make sure your phone is suitable (i.e. unlocked) for a China SIM before you leave the UK or your home country.

Topping up your phone credit can easily be achieved through Alipay.



### China Mobile

Unfortunately, the China Mobile app is in Chinese, however, on the home page it will visually show you your current credit. If your phone runs out of credit, it will stop working. It is important you have credit when leaving China so you have some when you return. You need credit to top up with more credit, so to speak, otherwise you will have to connect through WiFi.

## Top Mobile Apps

The following mobile apps are the ones you should either download before you arrive or the first day you arrive in Hangzhou.



### WeChat

WeChat is the Chinese WhatsApp and is the main online communication in China...and so much more! We recommend you download WeChat in your home country to get used to it. It has many functions including its version of apple pay, order train and plane tickets and translate Chinese into English. You will likely use Wechat everyday whilst in China.



### Alipay

You basically can't live in China without Alipay. You can pay for dinner, Metro, taxi, groceries, public bicycles, takeaway, mobile phone top-up etc. Utility bills for your apartment can also be paid through Alipay. Alipay will replace all your bank cards and you will no longer carry any cash. It uses QR codes to make a payment or receive a payment.



### Didi

Using the Didi app is a way of requesting a taxi, similar to Uber. The app is in English and very easy to use. There are several choices from normal taxi, private car to a premium car. You choose a pickup point, a destination point, and then request a car to take you. It will give you the estimated price and live information of where your driver is. You can message the driver in English and the app will auto translate it to Chinese. In order to download the app on an iPhone, you will need to change your app store to the Mainland China location. Explanations of how to do this are available online.



### Apple Maps

Since Google Maps is blocked due to the GFW of China, Apple Maps will direct you in China. You can find locations or places of interest and then type them into your Didi app. Other alternatives are Baidu Maps or Amaps, however these apps are Chinese-only.



### Taobao

Taobao is the Chinese version of Amazon/eBay. It is an online marketplace for almost any item you can think of. You can search in English, although sometimes you will get better results using. Alternatively, you can take a picture of an item and ask Taobao to search for it. Have your address placed into the app and deliveries will appear in a hive box at your location. Simply scan the QR code at the hive box using Alipay or WeChat, and you will receive your parcel.



### Epermarket

Epermarket is a western online supermarket delivery service. Prices are higher than the local supermarkets, however, the quality tends to be better. Western home favourites can also be found, though expect to pay a bit more. Epermarket will deliver daily.



### Google Translate

Whilst Google is blocked in China, Google Translate is not. It will accurately translate English to Chinese, give you an audio example of how to say the word, and if you turn your phone sideways, make the translation large enough for others to read. Other translation apps such as Microsoft Translate are also a good option.



### Trip.com

Once you are settled in Hangzhou, you will want to start to book trips to see the rest of China and beyond. Trip.com is an easy and convenient way of booking flights and train tickets whilst living in China.



### MetroMan

The MetroMan app gives you up-to-date Metro maps for all the major cities in China. Download the Hangzhou map and you will easily see the city with the help of our resident Dukebox DJ Baz Reily. Metro stations, lines and proposed plans for the future. During the rest of the time, current UK hits are coming your way, and the best thing is, it's all in played 24 hours of the day. This is a unique English!



### Shanghai Fake Market

No trip to China would be complete without a visit to the amazing fake markets in Shanghai. An easy 1 Hour Bullet Train ride away from Hangzhou, you'll soon be browsing the market stalls looking for bargains for yourself or gifts for others. The app gives you the locations of the markets, tips and advice, key vocabulary to help you haggle the price, a currency exchange and most importantly a general price list of how much the different items usually cost.



### XE Currency

XE Currency app gives real time exchange rates for currencies across the world. It is useful to have the app to help you become familiar with the price of items in Hangzhou, when relating it back to your home country. Everything from bags, suits, clothes to sporting goods.



### Dian Ping

Dian Ping is a social app that allows you to book cinema tickets, event tickets, takeaway food and so much more. Unfortunately, it is all in Chinese, but once you are familiar with it, it will enable you to explore Hangzhou further.





### Dukebox

Twined with our sister school in the UK, Wellington Colege Hangzhou broadcasts a live radio show Monday to Friday during the school term. The help of our resident Dukebox DJ Baz Reily. During the rest of the time, current UK hits are played 24 hours of the day. This is a unique feature of our school here in Hangzhou and we are very proud of its success. Download the app and have a listen to find out what is happening here in Hangzhou!

***There are many more apps to aid life in China.***



## FOOD & NIGHTLIFE

Hangzhou is a thriving city that comes alive at night. Whether that be the river-front light and fountain shows or the buzz downtown from the restaurants, bars and night clubs. You will find an amazing array of traditional Chinese cuisine, small shops to high end restaurants, expat bars such as Wades and 9 Bar; to local night clubs, and all referencing the unique culture of Hangzhou and Zhejiang Provence.

To aid in your discovery of Hangzhou, we have prepared a restaurant guidebook to help you to discover the city. This guidebook covers some of the major shopping centres in Hangzhou and favourite restaurants of our staff.

Added to this, the Marketing Department at Wellington has created the Hangzhou Community Guide as a WeChat mini program. This gives the user guidance on the best bars, events, restaurants, shopping etc in Hangzhou as rated by our staff. It is designed specifically for Wellington College Hangzhou.



Scan this in WeChat



WELLINGTON COLLEGE  
HANGZHOU

## Hangzhou Community Guide

Search here...

- Welcome to Hangzhou
- Restaurants
- Shopping
- Hospitals and Clinics
- Relocation and Housing
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- Beauty
- Fitness
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10/12/2020  
Hangzhou, China

Your Guide to Hiking China's Tiger Leaping Gorge

HOME ABOUT CONTRIBUTE USER

## FAMILY LIFE & SCHOOL ITEMS

Bringing your family to China can be a big change for everyone. Throughout the process the school will help in whatever way we can, including suggesting support networks. The Wellington expat community in Hangzhou is a very friendly one and there are many families living and working here already.

Please view the Wellington Academy homepage linked to our website.

<https://academy.wellingtoncollege.cn/hangzhou/>

You will be required to purchase the school uniform, school lunches (30RMB a day) and basic school equipment such as pens, pencils, pencil case, highlighters, erasers etc. for your child to attend school. Some items of the uniform are standard such as white shirts and black trousers, so feel free to bring these from the UK. Please see the school shop website for prices.

<https://www.wellingtoncollege.cn/hangzhou-international/school-life/services/uniforms/>

<http://pc.halfrin.com/shop/login/login>

On weekends, there are many attractions to visit in Hangzhou including lakes, temples, pagodas and museums. Numerous indoor soft play areas are housed inside large shopping malls and for the older children, ice rinks, cinemas (including IM AX), amusement parks, water parks and trampoline parks. Alongside this, there are a multitude of sporting clubs such as sailing, kayaking, ice hockey, rugby and football.

Hangzhou is very well connected by Bullet Train to local water towns such as Wuzhen and large cities such as Shanghai, which includes Disneyland, fake markets, skyscrapers with glass floors and a dazzling light show every evening across the river.

Everyday family necessities such as nappies (diapers) and wipes are easily bought in supermarkets and brands such as Pampers are available. Shampoo, shower gel, shaving foam, toothpaste, sun cream, cosmetics etc. are readily available including numerous western brands.

Taking taxis with car seats can be difficult, however, portable fold up car seats are easily bought and used. Fold up baby strollers/ prams such as YoYos are a popular choice to use as they easily fit into storage spaces in taxis, trains and airplanes.

**Tip: Some medicine dosages are different in China (often stronger), so it can be worth bringing ibuprofen, paracetamol, Calpol, Lemsip etc. with you until you find the equivalent here in China.**

Local sun cream brands may include skin whitening products, so we suggest you bring some from home until you find a western brand here you are happy with.

## SECURITY

The crime rate in Hangzhou is rated as being very low. Although crimes against non-Chinese passport holders are very infrequent, common sense should prevail and normal precautions should be observed. Identification or a copy of your passport should be carried with you at all times. This can be a picture on your phone.



## WHAT TO DO AND WHAT NOT TO DO IN CHINA

It should never be forgotten that China remains a communist state, and laws are stringent in a large number of areas. Drug-related offences, for instance, carry a mandatory death penalty, which will be carried out. Alcohol is easily available in China, and cheap, but getting drunk and/ or getting into trouble with locals are viewed as serious criminal offences.

Any public criticism of the Chinese government is to be avoided at all times, especially on Internet websites, blogs or WeChat. Similarly, discretion must be adopted in the area of photography. Normal tourist pictures are acceptable, but photographs of government buildings or military installations should not be taken.

In some cases, you may find Chinese workers be very strict to a rule, and the flexibility of bending said rule, that perhaps we are used to in a Western society, is not the same here. Please be mindful that rules are held in high regard and often public workers are only following out procedures they are being held accountable for.

Having integrity or 'face', as it is often referred to, is a large part of Chinese culture. It is always advisable to bear this in mind when living and working in China so not to intentionally cause a loss of face. Quiet, private conversations regarding disagreements are often more productive.

In general, Hangzhou is an excellent place to live and work and we hope you are excited to be joining the community.





# HEALTH

## Clinics and Hospital

### The Second Affiliated Hospital Zhejiang University School of Medicine

#### Xiaoshan Branch

浙二医院国际医学中心萧山院区  
590# Shixin bei Road, Xiaoshan District  
(15 minutes drive from school)

- appointment suggested

- bilingual index

- no emergency centre

- no infectious centre

International Medical Clinic

### Zhejiang Provincial People's Hospital International Medical Center

#### 浙医二院国际医学部门诊

1511# Jianghong Road, Binjiang District  
(30 minutes drive from school)

### We Doctor Primary Care

#### 微医全科

784# Aobo Road, Xiaoshan District  
(26 minutes drive from school)

- outpatient service only

- online check medical service

### American-Sino OB/ GYN/ Pediatrics Services- Hangzhou

#### 杭州美华妇儿服务

558# Zhongshan zhong Road, Shangcheng District  
(40 minutes drive from school)

- specialty in maternity

### Sir Run Run Shaw Hospital International Medical Centre

#### 邵逸夫医院国际医疗中心

3# Qingchun dong road, Jianggan District  
(45 minutes drive from school)

- emergency service provided

## Air

Air pollution is an important aspect of many environmental issues in China. The air quality (AQI - Air Quality Index), at times, can be a problem though it is improving every year. Hangzhou prides itself on being a 'green' city and the number of electric/ hybrid vehicles outweighs those using fossil fuels.

Whilst keeping an eye on PM 2.5 on phone apps, air purifiers and masks are highly recommended for Face masks are widely available in China - 3M masks have a great reputation. Vogmask, Totobobo, 'I can Breathe' and Techno masks are slightly more expensive but last longer.

Tip: Air Purifiers are easily purchased in China. We recommend a purifier with a HEPA filter which removes the PM 2.5.

## Air Visual

Air Visual is an AQI app that provides real time air quality information and forecast air pollution. Other apps are available.

## Water

Drinking directly from tap water is not recommended without filtration. Due to the metallic components of the water, boiling the water does not render it safe to drink. Filters on tap water, bottled water (barreled water) and water dispensers are widely available.

The dispensers cost a few hundred RMB to buy and are available in all supermarkets. Bottled water can be purchased via phone call (English available at a cost approximately 20 RMB/ barrel).

## Mental Health

The move to a new country can take its toll. Staying open minded and flexible will help you adapt, along with knowing there are always people on hand ready to listen. Hangzhou has an array of outlets for people who need to talk.

Email: [support@resourcesforyourlife.com](mailto:support@resourcesforyourlife.com)

Website: <http://global.resourcesforyourlife.com>

## Air Quality Guide for PM 2.5

0-50	Good	Air quality is considered satisfactory, and air pollution poses little or no risk.
51-100	Moderate	Air quality is acceptable; however, for some pollutants there may be a moderate health concern for a very small number of people who are unusually sensitive to air pollution.
101-150	Unhealthy for Sensitive Groups	Members of sensitive groups may experience health effects. The general public is not likely to be affected.
151-200	Unhealthy	Everyone may begin to experience health effects; members of sensitive groups may experience more serious health effects.
201-300	Very Unhealthy	Health warnings of emergency conditions. The entire population is more likely to be affected.
300+	Hazardous	Health alert: everyone may experience more serious health effects.

## PHARMACY GUIDE

### Common Cold

Medicine name: 白加黑 (Bai Jia Hei) Equivalent of DayQuil and NyQuil, Bai Jia Hei treats cold and flu symptoms with two types of pills, white for non-drowsy daytime relief and black for nighttime to help you sleep. Medicine name: 泰诺 (Tai Nuo) Not only popular in the West, Tylenol remains a favorite with the Chinese as well. It can be used as a pain reliever, fever reducer and decongestant. It can also treat the common cold and the flu, Make sure you ask for the right kind though - pain relief 止痛 (Zhi Tong), sinus congestion 鼻塞 (Bi Sai) or common cold 感冒 (Gan Mao). (For those who prefer aspirin, 阿司匹林 (A Si Pi Lin) is usually available too.)

### Allergies

Medicine name: 开瑞坦 (Kai Rui Tan) Claritin treats allergy symptoms like sneezing, runny nose, itchy nose, itchy eyes, as well as skin itches and other skin symptoms. This US-based product is known for its decongesting and non-drowsy effects, and is available in Chinese pharmacies.

### Joint/ Body/ Muscle Pain

Medicine name: Red Flower Oil 正红花油 (Zheng Hong Hua You) Red Flower Oil stops back, joint, and muscle pain, as well as inflammatory swelling, bleeding, and numbness of the limbs. It also helps provide relief for sprains, bruises, cuts, burns, and mosquito bites.

### Bronchitis/ Cough

Medicine name: 惠非宁 (Hui Fei Ning) Robitussin - Chinese brand, Hui Fei Ning, provides relief for those with persisting coughs by alleviating inflammation. The honey flavored syrup is a household necessity for all.

### Cuts/ Scrapes/ Burns

Medicine name: Rivanol Trauma Cream 李凡诺创伤膏 (Li Fan Nuo Chuangshang Gao) Perhaps the closest thing you can find in China to Neosporin is Rivanol Trauma Cream, which sterilizes and disinfects skin wounds. (After thoroughly cleaning the wound, grab some Band-aids, or 邦迪 (Bang Di) or 创可贴 (Chuang Ke Tie).

### Heartburn

Medicine name: 斯达舒 (Si Da Shu) The closest thing to Tums in Chinese pharmacies, antacid Si Da Shu alleviates the discomfort associated with heartburn, stomach aches and bloating.

### Headache/ Fever

Medicine name: Ibuprofen Capsules 部落风胶囊 (Bu Luo Fen Jiaonang) Handy capsule Ibuprofen can relieve mild to moderate pain, such as headaches, joint pain, migraine, toothache, and muscle pain. It also can be used to treat fever caused by the common cold or the flu.

### Motion Sickness

Medicine name: 途爽晕车贴 (Tu Shuang Yu Che Tie) If you are prone to motion sickness, then get the Clear Route Carsickness Patch. It prevents nausea or dizziness when you get carsick, airsick or seasick.

### Diarrhea

Medicine name: 蒙脱石散 (Meng Tuo Shi San) The closest equivalent to Pepto-Bismol, this powder provides relief to those with an upset stomach or diarrhea. It also helps ease abdominal pain for those with various stomach illnesses.



## Traditional Chinese Medicine Techniques

### Acupuncture

Hair-thin needles are inserted into the skin. Effects physical and energetic circulation, physiological function, and mood. Used to treat or prevent a host of diseases

### Acupressure

Physical stimulation of acupressure points by hand or using a massage device, such as a probe. Used for pain relief.

### Scraping

A friction massage (scraping treatment) that stimulates acupuncture meridians, relieving muscular strain, improving circulation and clearing internal heat. Used to treat fever, sunstroke, and release toxins by bruising the back with a coin or spoon.

### Cupping

Heated bamboo, glass or plastic cups are placed on the skin to create a tight suction. Cups leave temporary circular marks for few days.

### Manipulative Massage

A mixture of physical manipulation and massage to affect the alignment of the bones and muscles, improve Qi flow along acupuncture meridians and reduce musculoskeletal strain.

### Moxibustion

The herb mug wort is placed on, or held over, the skin and lit, emitting heat and smoke, which warms the area and improves circulation. Minimises symptoms of the common cold, such as stiff joints, cold hands and feet or slow digestion.

### Herbal Therapies

Blends of herbs are made into pills, extracts, teas or skin patches. Used to treat respiratory, urinary or reproductive problems. May interfere with prescription medications. Use with extreme caution.

## TCM CLINICS

### Fang Hui Chun Tang 方回春堂

#### 市心北路店

B1, No.288 Shixinzhong Road, Xiaoshan District

萧山区市心北路288号银隆百货B1层

#### 滨江馆

Block I, Zhongyingkangkanggu, No.61 Chunxiao Road, Binjiang

District

滨江区春晓路61号中赢康康谷1幢

### Hu Qing Yu Tang 胡庆余堂

#### 汇德隆银隆店

B1, No.288 Shixinzhong Road, Xiaoshan District

萧山区市心中路288号银隆百货B1

#### 杭州河坊街旗舰店

No.80 Dajing Road, Hefang Street, Upper District

上城区河坊街大井巷80号

#### 万象城店

No.216, 2 floor, Mixc, No. 701 Fuchun Road

富春路701号万象城-2层216

### Tong Jun Tang 桐君堂

#### 城站馆

No.2, Guo Dong Yuang Xiang, Upper District

上城区郭东园巷2号

#### 中医门诊部

No.474, Ti Yu Chang Road, West Lake District

西湖区体育场路474号

## SHOPPING

### What to shop

#### Household items and furniture

As with furniture, there are plenty of shops selling kitchen equipment, crockery etc. including IKEA, Walmart, B&Q, Muji, Metro and Carrefour. Most department stores stock international brands.

#### IKEA

Open daily: 10am - 10pm

[www.ikea.com/cn/en](http://www.ikea.com/cn/en)

No.5, Moxi Road, Qiaosi Street, Yuhanghang

District, Hangzhou

余杭区乔司街道乔莫西路5号

#### Muji

F2, MixC Shopping Centre, No.701 Fuchun Road, Jianggan District

江干区富春路701号万象城购物中心2层

#### B&Q

Open daily: 9am - 9pm

<http://www.bnq.com.cn/>

No.288, Hanghai Road, Upper Town District

上城区杭海路288号

No.773, Puyan Road, Binjiang District

滨江路浦沿路773号

#### Equipment and toys

Bicycles are easy to find, as are child safety seats and prams/baby strollers though they are expensive. You may wish to bring these with you. Toys are easily found in department stores and markets though the quality sometimes isn't as good as back in the UK.

### Clothes

Exclusive stores to outlet centres, clothes are easy to find and buy everywhere in Hangzhou. Chinese sizes do tend to be on the smaller side so be prepared to buy a larger size than back in the UK. Larger shoe sizes can be difficult to find. Online Taobao stores of H&M, Zara etc tend to be cheaper than instore and are authentic. Shopping Malls include Powerlong, MixC, Paradise Walk, Star Avenue, Raffles and the Kerry Centre.

### Electronics

Electronic goods can carry a high customs fee, so it may be better to purchase these items once you arrive. Most items are easy to find and are relatively inexpensive. Many supermarkets stock international brands, as do Walmart and Carrefour. If you bring electronics, check the voltage and bring plug adaptors – 2 round pins or 2 flat pins. Electricity in China is 220 volts, similar to the UK, Australia and Europe.

#### Bin Jiang Bao Long, Huoju Road, Binjiang District

滨江宝龙, 滨江区火炬大道

#### No.77, South Zhongshan Road, Upper Town District

利星名品店, 上城区中山南路77号利星名品广场F1

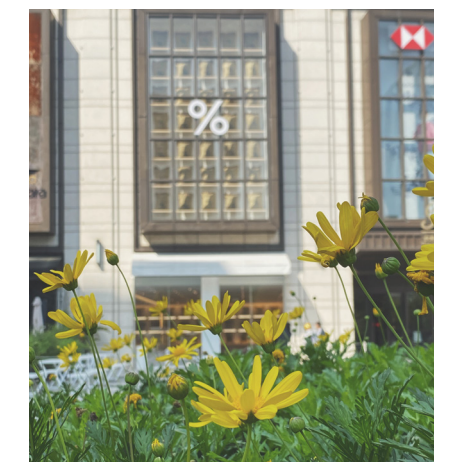
#### Nitori

F3, Bin Jiang Bao Long, Huoju Road, District

杭州市滨江区宝龙城3楼

### Computer Equipment

Computers are not significantly cheaper here but you can buy from computer stores like Apple Store, Cyber Mart, Pacific Digital Plaza and Buy Now. There are two official Apple stores in Hangzhou (one in Upper Town District near West Lake and one in Jianggan District near MixC), as well as many authorised retailers. Chinese made gaming consoles can sometimes be language locked, so it is recommended to either bring from your home country or purchase and import from Hong Kong.



# BEAUTY

## Spas & Salons

### TC-trend Creativity

10:00 - 22:00  
F2, Yinfeng Building, No. 1495 Binsheng Road,  
Binjiang District  
滨江区滨盛路1495号银丰大厦二楼  
Telephone: (0571) 8528-2087

### Sadu SPA

10:00 - 22:00  
4th Floor, Unit 3, Building I, Da Cheng  
Ming Zuo,  
30-10 No. 3 Jiangshe Road  
建设三路30-10号大成名座1幢3单元4楼  
Telephone: (0571) 8285-3337

### New Level

10:00 - 22:00 (Tuesday – Sunday)  
8-79, Chunjiang Licheng Business Street,  
Changhe Street, Binjiang District  
长河街道春江郦城商铺8-79  
Telephone: (0571) 8889-9034

### NALA Hair Salon

10:00 - 22:00  
No.122, Chunjiang Licheng Business Street,  
Changhe Street, Binjiang District  
长河街道春江郦城商铺122号  
Telephone: (0571) 8715-5027

### Yue SPA

10:30 – 21:00 (Appointment only)  
5A02, Landison Fortune Centre, Binjiang  
District  
雷迪森财富中心5A02  
Telephone: (0571) 8222-6980

### GOD-DARLING Private Salon

10:30 - 22:00  
Room 304, Building A, Hangzhou Inn, Binjiang  
District  
杭州印A座304室  
Telephone: (0571) 8701-8805

## PAMPERING TIPS

With the number of beauty salons around the city and prices ranging from very affordable to mid-range, you will love being pampered in one of the many spa or nail outlets.

### Hair

Getting a hair cut in Hangzhou can be a bit of an experiment. Not many of the hair salons have experience with western hair, and especially not in highlighting female blonde hair. Some choose to go to Toni & Guy based in the Raffles Shopping Mall, other staff will choose to visit Shanghai. It is often recommended to have a picture to hand of what you would like the final outcome to be.

### Massage

There are spas everywhere in Hangzhou. Prices vary greatly - if you are happy to go into a local Chinese spa, expect to pay as little as 60 RMB though it might be a firmer massage than you are used to!

### Nails

Like all services in this city – you can pay very little and get a decent, functional service from one of the many salons you will see all over, or you can pay a little more to get a more pleasant, hygienic and relaxing service. Most salons offer gel nail polish as opposed to the gel/acrylic nails offered in the UK.



# FITNESS

There are gyms, fitness centres and yoga studios located across the city.

### HT Fitness Studio

HT健身工作室  
16th Floor, Building 2, Xin Ya Da International,  
Changhe Road Runhe  
长河街道润和·信雅达国际2幢16层（  
星光大道）  
Telephone: (0571) 8663-5699

### Liking Fit 24h

Liking Fit 24h 智能健身  
3rd Floor, Zhongwei Mansion, No.1819 Xixing  
Road  
西兴路1819号中威大厦裙楼3楼  
Telephone: (0571) 8678-5169

### Peite Fitness Centre

派特精品健身会所  
F2-3 Xiangyi Mansion, No.676 Danfeng Road  
丹枫路676号香溢大厦2-3楼（原中国  
烟草大楼）  
Telephone: (0571) 8866-3497

### Taiyi Yuanqi Chinese Fitness

太一源起国艺馆  
Room 404, Tianheng Mansion, No.1509  
Binsheng Road, Binjiang District  
滨江区滨盛路1509号（天恒大厦404室）  
Telephone: (0571) 8609-0188

### ACE Sports & Life Studio

ACE运动生活馆  
Room 601, Hanshi Mansion, No.1786 Binsheng  
Road, Binjiang District  
滨盛路1786号汉氏大厦601室  
Telephone: (0571) 8669-9787

### Fan Yoga

梵行者瑜伽（滨江店）  
8th Floor, Korea Fashion  
Building, Xinguang Mal Taian  
Road  
星光百货韩国时尚馆8楼  
Telephone: (0571) 2813-  
1101; 2813-1011

### Meet Yoga

遇见瑜伽  
Room 1106, Landison  
Fortune Centre, No.108  
North Shixin Road  
市心北路108号雷迪森财  
富中心1106室  
Telephone: (0571) 8287-2028

### J+Yoga

静伽瑜伽  
Room 2607, Block B, Huarun  
Mansion, MixC, No.1366  
Qianjiang Road  
钱江路1366号万象城华  
润大厦B座2607  
Telephone: (0571) 8832-5515

# FAMILY

### Wellington Academy Programme

Located on the Wellington College campus.  
www.welingtoncollege.cn/academy

### The Little Gym

小小运动馆（滨江中心）  
3rd Floor, Zhongying International, No. 1264  
Jianghui Road, Binjiang District  
长河街道江晖路1264号中赢国际3楼  
Telephone: 400-1103548

### NEOBIO Family Centre

奈尔宝家庭中心  
1st Floor, Xingguangdadao 2nd stage project,  
Wentao Road  
江晖路与文套路交叉口星光大道二期一楼西北门  
Telephone: (0571)8601-9633 / (0571) 8601-9655

### Longge Kid Swimming Centre

龙格亲子游泳俱乐部（滨江店）  
3rd Floor, Building I, Xingyao City, No.2028  
Jiangling Road  
江陵路2028号星耀城商铺1幢3楼  
Telephone: 400-1763439

### Yinzhuo Piano Art Centre

音卓钢琴艺术中心  
L445, Xingguang City 2nd stage project, No.1766  
Binsheng Road, Binjiang District  
滨盛路1766号星光城二期4楼L445号  
Telephone: 400-1769489



# ATTRACTIONS

## Local Hangzhou

There are many places to visit within and around Hangzhou. These are some of our picks.

### West Lake

#### 西湖 (Xihu)

West Lake is located in the western area of Hangzhou City. It is surrounded by mountains on three sides, with an area of around 6.5 square kilometers. West Lake is famous for its "10 scenes" through the year: Spring Dawn on the Su Causeway (苏堤春晓), Orioles Singing in the Willows (柳浪闻莺), Viewing Fish at Flower Pond (花港观鱼), Winery Yard and Lotus Pool (曲苑风荷), Evening Bell Ringing at the Nanping Hill (南屏晚钟), Autumn Moon over the Calm Lake (平湖秋月), Leifeng Pagoda in Evening Glow (雷峰夕照), Three Pools Mirroring the Moon (三潭印月), Lingering Snow on the Broken Bridge (断桥残雪), Twin Peaks Piercing the Clouds (双峰插云).

### Leifeng Pagoda

#### 雷峰塔

Leifeng Pagoda is a tower by West Lake in Hangzhou which was originally constructed in the year 975 AD. It has been a popular tourist attraction since being rebuilt in 2002.

### Xixi Wetland Park

#### 西溪湿地公园

The Xixi Wetland Park has an extensive history and is located on the southern tip of the longest and oldest canal in the world, the Hangzhou-Beijing Canal.

Water is the soul of Xixi. River, pond, lake ripples, swamps and other waters cover 70% of the park. Yulin Zhuang ponds form a unique Xixi wetland landscape. The park is also a birds' paradise with multiple bird watching pavilions.

### Lingyin Temple

#### 灵隐寺

Lingyin (Hidden Spirit) Temple is one of the largest and most visited Buddhist temples in China and holds the largest statue of the Buddha Sakyamuni in the lotus position. It prospered and flourished during the Five Dynasties Period (907-960 AD) when there were 9 buildings, 18 towers, 72 halls with 1,300 rooms and more than 3,000 monks.

### Qiantang River

#### 钱塘江

As the grandest river in Zhejiang Province, Qiantang River runs from the west to Hangzhou bay, playing an important role in the water-transportation between the east and the west. Famous for the "Qiantang Tide" every year, it attracts millions of people from all over the country in September and October.

## Around Hangzhou

### Qiandao Lake

#### 千岛湖

Qiandao means "thousands of lakes" in Chinese. There are 1,078 islands in the lake. The lake is famous for its beautiful scenery, nice food and variety of activities including round-lake cycling. The most popular attractions include Bird Island, Snake Island, Monkey Island, Lock Island (featuring supposedly the world's biggest lock), and the Island to Remind You of Your Childhood.

### Mount Mogan

#### 莫干山

Mount Mogan is a mountain located in Deqing County, Zhejiang Province - 60 kilometers from the provincial capital Hangzhou. Known for its cool temperatures during the region's scorching summers, it has long been the playground for people escaping the city. Today, Moganshan mixes a country lifestyle with a mix of local inns, western-style inns and old villas built early in the 20th century.

### Wuzhen

#### 乌镇

Wuzhen lies at the north of Tongxiang City of Zhejiang Province. The town is divided into four zones by a cross-shaped river. With over 1,000 years' history, Wuzhen is famous for its beautiful water town scenery.







## FAQs

### What is Hangzhou like?

Hangzhou is classed as a tier 2 city, population approximately 9 million people and is viewed as one of the most beautiful cities in China. It is a very clean and modern city and is home to e-commerce giant Alibaba and western companies such as Tesla. The majority of vehicles are electric/ hybrid cars and e-bikes. Bicycles are readily available to rent. Much of the city is green with parklands, lakes and general decoration of the streets. Large shopping malls are plentiful housing stores such as Nike, Adidas, Under Armour, H&M, Zara, Jack Jones, Superdry, Prada, Decathlon etc.

### Is Hangzhou expensive to live in?

Yes and no, you can live an expensive life dining at the finest restaurants or eat at cheap places with the locals. Utilities are very cheap with an average water bill approximately £20 for 6 months usage. Locally sourced items are much cheaper than imported western items of the same kind e.g. local milk is cheaper than imported milk. Transportation (taxis, Metro, trains etc.) is very cheap in comparison to major western cities.

### Is Hangzhou safe?

Yes, crime in Hangzhou is rated as 'very low'.



### Where can I find Western food?

Online supermarkets such as Epermarket or located next to Westlake, Carrefour is available. Other supermarkets such as Bravo and Hippo will stock western imports. McDonalds, Burger King, KFC, Pizza Hut, Pizza Express, Domino's Pizza and Papa Johns are all in the city along with US burger chains, Indian and Thai places. Most will also deliver straight to your door.

### What's the weather like?

Hangzhou is roughly on the same latitude as Cairo - Egypt, so expect a hot, humid and fairly long summer. Our sports days are held in November when the temperature is a lovely 20-25 degrees. Winter can get cold but will only last a couple of months. Spring can be rainy.

### What if I don't speak Chinese?

The majority of the major apps on your phone now have English versions and slowly more are offering this option. Those that do not, often have a built-in auto-translation service to help with any messages. There are plenty of Chinese staff at the school who will happily help when asked. Lessons can be easily sourced either through face to face meetings or over Skype.

### What is the nightlife like?

Regular haunts such as Wades, 9 Bar, Shares, Social 10 and Jazz Bar are known hotspots for expats in the city. Amazing lightshows projected onto buildings on the river front are a regular occurrence. There are numerous cinemas showing the latest film releases in English and theatres housing touring productions including Evita and Stomp. Cirque Du Soleil has a permanent show based in Hangzhou. Restaurants and bars regularly offer happy hour 2-4-1 deals, and this is without even mentioning KTV (karaoke bars) that are hugely popular with the locals.

### Is there much for families to do?

The large shopping malls (and there are lots of them) all cater for family activities. Often a whole floor will be dedicated to children, that could include; shops, play areas, soft play, trampoline parks, ice rinks or open workshops. Added to this there are temples, lakes and parks, bamboo forests, Little Venice, Fake Paris, safari parks, amusement parks and water parks. Your child will never get bored!

### Will I get much attention as a Westerner?

Hangzhou has a smaller expat community than Shanghai and therefore you will get more attention. This might include a few stares and photos being taken. A large section of the Chinese population rarely, if ever, leaves China, nor watch western television and so we can be a curiosity to them...particularly if you are blonde/ red haired. Children often get a lot of attention and can include touching of their face and hair; particularly by the older generation. We advise to be vigilant to prevent this, be polite but firm, and try to avoid crowded areas if you child gets distressed by this.

### What is the difference between Wellington College Hangzhou (WCH), Wellington College International Hangzhou (WCIH), Huili School Hangzhou (HSH) and Huili Nursery Hangzhou (HNH)?

Wellington College Hangzhou is the umbrella name for the 3 schools that exist on the same campus. WCIH is the international school, this is for international students and operates from age 5-18 studying an adapted English National Curriculum. HSH is the bilingual school and operates from age 6-18, it is for Chinese passport students and they study the English curriculum alongside the Chinese National Curriculum. HNH is our outstanding bilingual nursery. Both international and Chinese students can attend the nursery. Many western staff place their children in the nursery during the day. Both WCIH and HSH students will take IGCSE exams at the end of Year 11 and A Levels in Year 13.

### Will I need a VPN in China?

Yes, China's Great Firewall blocks many websites and apps such as Facebook, Google and YouTube. The school has a VPN which can be used by staff whilst on campus. You will need a personal VPN when at home or out and about. There are numerous VPN options including paid and free services. At the time of writing (Jan, 2020) Astrill is the most reliable, though this can change. At certain points in the year, China actively attacks VPNs and they all stop working. Astrill is often the most reliable and quickest to start working again. All VPNs must be set up before you arrive in China.

### Does Netflix work in China?

Yes, but only if connected to a VPN. The same is true of Amazon Prime Video and Apple TV. Music services such as Spotify can work normally in China.

### What plug adapters do I need?

China uses 220 volts, similar to the UK, Europe and Australia so your devices will work fine here. China uses a combination of 2 round pins or 2 flat pins. All plug sockets will have a combination of both these connections.



# EMERGENCY PHONE NUMBERS

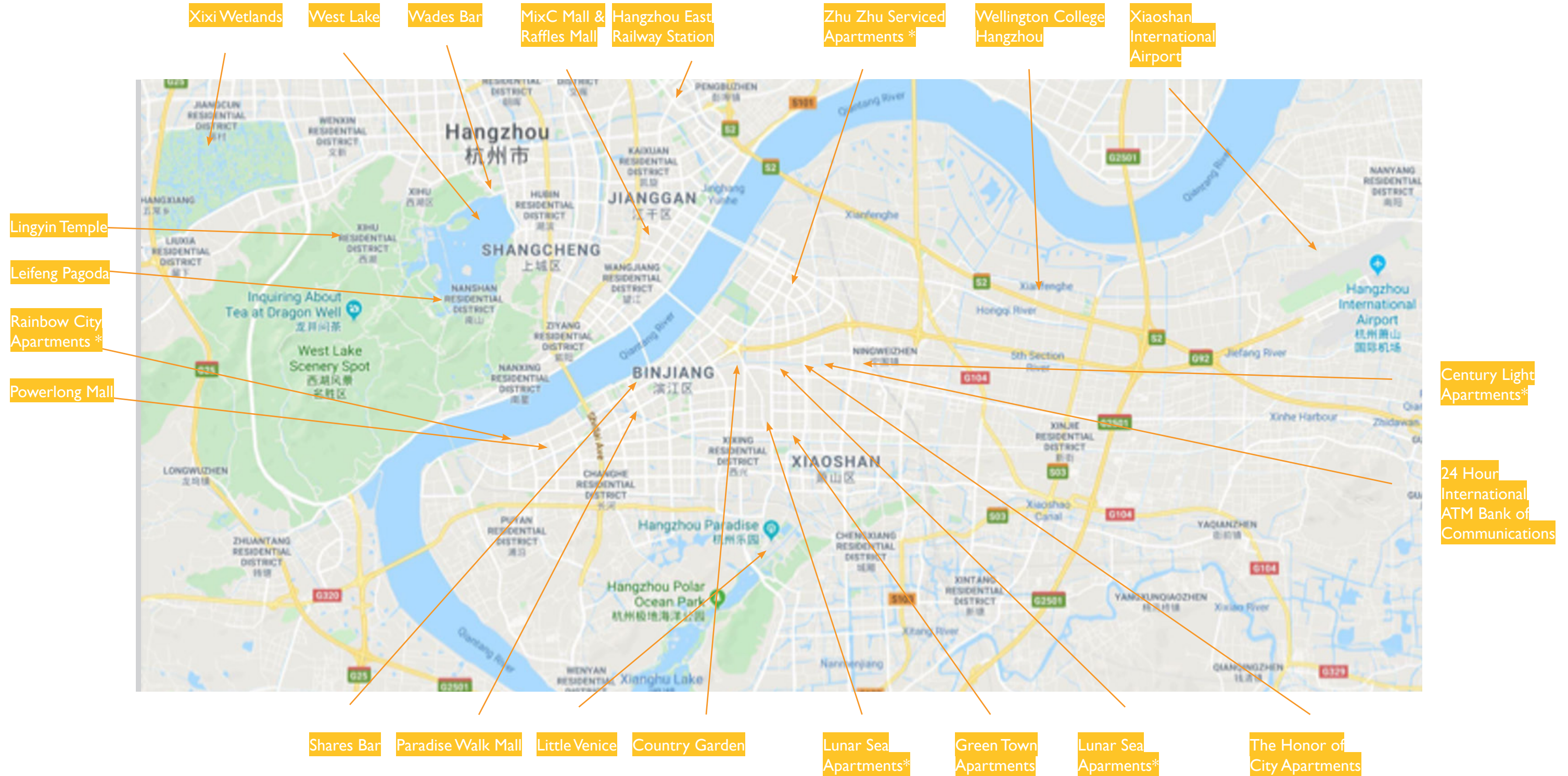
Police - 110

Ambulance service - 120

Fire Service - 119

Often you will connect through to a Chinese speaker only. If you keep repeating the word "English", they will connect you through to an English speaker.

\* = Apartments close to a Metro station



## Wellington College Hangzhou

No.2366, East Xuezi Road, Xiaoshan District,

Hangzhou, Zhejiang, China, 311231

<https://www.wellingtoncollege.cn/hangzhou/>



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